

*For over 35 years, NVTRP has been a leader in equine-based activities and therapies in Northern Virginia. We provide services to the broadest range of clients including individuals with disabilities, recovering military service members, and at-risk youth.*

*Our highly trained team includes PATH-certified and professionally trained instructors, professional staff, horses, and volunteers. NVTRP meets the highest standards of accreditation and is a PATH\* Premier Accredited Center.*

### **NVTRP Impact**

During 2016 3,356 lessons were provided to 354 individuals. One hundred percent of military riders said the experience benefits their mental health. Ninety percent of weekly therapeutic riders met at least one of their goals. Ninety-four percent of volunteers would recommend volunteering at NVTRP to a friend.

### **NVTRP Team:**

- Seven FTE professional staff, including six PATH-Certified and one Path Advanced-Certified Instructors
- More than 250 weekly volunteers who donated over 22,000 hours of time, the equivalent of 10.5 full-time employees
- a herd of thirteen program horses and spots for two additional program horses
- a twelve-member Board of Governors with experts and leaders from the nonprofit, financial, legal, and equestrian industries responsible for providing oversight and strategic direction

### **NVTRP Riders**

*Individuals with Disabilities.* NVTRP provides weekly therapeutic riding and hippotherapy to riders with a variety of disabilities, including Down syndrome, cerebral palsy, developmental delays, Autism, and rare genetic disorders.

*Wounded Warriors.* NVTRP partners with local military installations to provide services to military service personnel recovering from a variety of service-related injuries, including mental health issues, (primarily PTSD) and substance abuse. Horseback riding aids in their recovery and supports their goals of learning to live in the community chemical-free. One rider's comment reflects a common theme for military riders, "Funny thing for me, it was the first time I felt close to someone in a long time."

*Youth-at-risk.* Through riding at NVTRP, youth who are at-risk are developing self-confidence, healthy relationships, improving communication skills, and learning team work to support their goals of staying in school and making positive life-choices.

### **NVTRP Financial Health**

NVTRP is a financially sound organization. A record net income of almost \$56,000 in 2016 was used largely to fund a reserve account.

#### **2016 INCOME**

Donations & Fundraising \$324,057.71

Program Revenue \$245,594.50

Grants \$101,025.00

Other \$33,418.36

**Total Income \$704,095.57**

#### **2016 EXPENSES**

Horse Care \$76,801.14

Mortgage & Upkeep \$101,099.32

Salaries & Wages \$335,753.22

Other \$134,583.61

**Total Expenses \$648,237.29**

## **NVTRP Build to Thrive Campaign**

"Build to Thrive" will vastly expand and enhance NVTRP's current offerings and allow the program to expand its offerings to new clientele. The effort will underwrite the construction of a 17,000 square foot indoor riding arena, improved outdoor arena, accessible playground, expanded parking, and expansive infra-structure improvements.

Benefits include: year-round riding for current riders, who will no longer miss lesson and therapy time due to the weather, and the ability to expand existing services to accommodate more riders and add additional services for current and new riders. Total annual lesson capacity is predicted to increase by over 60%.

The total project cost is \$3,460,000, and we have successfully raised \$2 million. We have a goal of raising \$1.4 million in financial support and in-kind donations to finalize building this important resource.

### **PROJECT EXPENSES**

Planning/Permitting \$566,000

Infrastructure/Sitework \$1,500,000

Indoor Riding Arena \$800,000

General Conditions/Insurances/Fees \$220,000

Contingency \$250,500

Campaign Costs \$98,500

Program Operating Assurance \$25,000

\*Professional Association of Therapeutic Horsemanship International, the national trade association for the therapeutic riding industry.